



## Naima Halse Kirkefeldt

Professional NLP and Solution Oriented Coach, Talent Developer, Instructor in Mindfulness, Speaker, and Lecturer.

Naima's main competence is individual coaching and the focus of being in charge of the different areas in life; such as one's career, family life, personal well-being, health, and so on.

Naima has over 15 years of experience in Coaching, Speaking and Lecturing. Thereby, Naima has inspired more than 2.000 people, both in the privat and public sector.

### COACHING

Naima has both heart and talent for coaching. She has a great humanly insight and understanding, and she masters creating trust.

Naima is driven by helping and developing other people, and she constantly has an eye out for each person's development potential.

Having Naima as a coach, you will meet an empathic professional, with a holistic and appreciative approach, who will turn obstacles into possibilities, and create the motivation needed to secure progress and successful results.

Naima's work builds on creating motivation through an absolute congruence between thoughts, feelings, and actions. Thereby, the nervous system becomes a team player, and you will not experience resilience during your work towards your goal.

### SPEAKER/LECTURER

Naima has an extensive experience in speaking, lecturing, and developing projects as well as ethically quality assure different projects for organizations and self-employed workers. Naima lectures and makes tailored speakings about handling stress, conflict solution, motivation, value clarification, mindfulness, goal settings, mastering life, and much more.

Naima is passionated, and she has the ability to deliver complex information in a simple and easy way while still focusing on being inspiring, present, and aimed towards the goal.

### GOOD ENERGY

Naima has a positive mind, she sees the possibilities, and she shines through with good energy. Naima's positive outlook on life affects others around her, and she is very inspiring. Naima has energy for more than just helping others, through the years she has started up three different companies.

”

*”Knowing your talents is worth everything. Bringing talents into play is the brain's fulcrum for satisfying the heart. When we feel like we are actually using our talents, we feel a sense of satisfaction and a flush of "feel-good" hormones spreads throughout our bodies and minds - and into our cells. This increases our energy, capacity, and mental strength as well as it gives us a better quality of life along with mental and physical health.”*

